



## Wallet-Friendly Gift Ideas For Dads

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With Father's Day quickly approaching, you might be finding yourself on the search for wallet-friendly, yet wow-factor gifts for Dad. This most likely rules out a set of new golf clubs, a box of nice cigars, or a new GPS "Dash Express" for his car. Therefore, considering this year's circumstances, it's time to get creative and think outside the "boxers." When you think of your father and what he's craving right now, it might actually include some stress-relief or maybe even a little self-pampering whether he knows it or not. When times are tough, men tend to put a lot of financial pressure on themselves, which can unfortunately lead to early signs of aging and loss of health. That's why this year the perfect gifts for Dad include anti-aging and basic skin-care products as well as tools to stay fit, healthy, and happy. Below are some great options:



**PumpOne – Fitness for Your iPhone/iPod:** A revolutionary portable personal trainer, downloadable right to your iPod or iPhone. It is perfect for any father who has been neglecting his health due to gym fees or stress. PumpOne allows your Dad the luxury of an at home personal trainer without accumulating a hole in his or your wallet. The benefits of PumpOne workouts include:

- \* A professional trainer who guides you through complete workouts with video and audio coaching using both male and female exercise demonstrations.

- \* Each exercise image shows a start and end position that tells you exactly what body-part you are working.

- \* A variety of already available and downloadable workouts focused on everything from abs and fat burn to yoga and Pilates to office stretches and lower back relief.